

Centre Stage School of Dance

DANCE CLASSES FOR ALL AGES

CLASSES FOR 2 TO 5 YEAR OLDS. All new students welcome.

TIMES: 2-3yo: Thursday– 9.45 to 10.15 am Introduction to Dance beginners.

3-5yo: Tuesday 2:00 to 2:15pm- Preschool Tap. 2:15 - 2:45pm Preschool Jazz

Wednesday– 2:00 to 2:45 pm- Preschool Ballet Thursday - 10.15 to 10.45am

Preschool Jazz and 10.45 to 11am Preschool Tap. Friday 2 – 2.45pm

Preschool Ballet

COST: See below. Also Preschool Tap and Jazz special 2 classes for \$9.50

FOR KIDS STARTING SCHOOL IN 2016 /2017 Monday – Kindy Tap 4:00 to 4:30 pm & Kindy Jazz 4:30 to 5:00 pm. Thursday– Kindy Ballet 4:00 to 4:45pm.

COST: \$4.00 (15 mins class) & \$7.50 up to \$9.50 (30 mins class) Special Offer:

1 Free Trial Lesson for each new class tried prior to enrolment. Existing students also eligible for a free class if trying a new style of dance

Contact: Lacey 0425 382 383. Email centrestageschoolofdance@live.com.au

UPCOMING EVENTS AND COURSES AT THE CENTRE

Free Financial Counselling. Available to people who are experiencing financial hardship. Financial counselling can be provided to the person who has the financial problem, their families, friends or work colleagues or anyone whose life is affected by financial stress.

Available Tuesdays & Wednesdays. Call Robyn directly to make an appointment on Ph: 4331 9630 or see the Ladies in the Centre Front Office.

safeTALK Suicide Prevention Awareness Program

LivingWorks safeTALK is a three and a half hour presentation to increase Suicide Awareness. Learn how to recognise when someone may have thoughts of suicide and how to respond in ways that link them with further suicide intervention and help. Sponsored by North Gosford Rotary – Save Our Kids project. Limited places are available so reserve your place now on 4341 9333. When: Thursday 30th March 2017 6:00pm – 9:00pm



Feb 2017



Activities & Services for CHILDREN UNDER 5



Peninsula Community Centre

93 McMasters Road
Woy Woy NSW 2256
P: 02 4341 9333

Coast Community Connection's programs & activities at the Centre:

Playgroup

A social morning for parents and children with craft , stories , games and music. Childcare qualified coordinator & staff in attendance to assist with all activities.

TIMES: Tuesday 9:00 - 11:00 am
COST: \$8.00 per Child or \$12 per Family
CONTACT: 4341 9333

Kindy Gym on Fridays

A fun environment with parental participation that promotes self discovery and individuality while developing balance and motor co-ordination skills. A visual, tactile and oral experience. The sessions cover a different theme each week.

TIMES: 9:15 - 10:15 am [0-3 yrs] COST: \$8.00 per child
And 10:20 - 11:20 am [3-5 yrs] COST: \$70 per term this session only.
CONTACT: 4341 9333

Occasional Care

Professional and quality licensed child care for children from 6 weeks up to 6 years of age. Each child is cared for as an individual. Programs include indoor & outdoor play, arts & crafts, language and stories.

Cost is available on application

BOOKINGS ARE ESSENTIAL

You can book from as little as 1 hour up to 8 hours per day

TIMES: 8:30 am - 4:30 pm Monday to Friday
COST: reasonable per hour or per day cost
CONTACT: 4343 1001 or 4341 9333

Other activities and programs at the Centre:

Young Mums and Bubs Playgroup

For mums and mums to be, 23 years and under. A fun, social and supportive group for everyone, all welcome. No need to book, just come along. Afternoon tea provided. Hosted by Hope UC Church

TIMES: 1:30 - 3:30 pm 1st and 3rd Tuesday each month.
CONTACT: Kylie: 0407 955 901 Email : kylie.collins@hopeuc.com

ARAFMI Carers Group – Support Group for Carers of People with Mental Illness.

TIME: 9.30am – 11.30am last Wednesday of each month.
CONTACT 0413 468 981 COST: Free

Coastwide Children & Family Services

Supported Playgroup, in school terms only, provides a welcoming, friendly and relaxed time for families with children 0-6 years, with fun craft activities, music and story time. Parents have the opportunity to meet with other families with young children and gain extra support from early childhood trained facilitators. Open to families with young children who may require additional support, parent participation is encouraged

TIMES : 9:30-11:00 am Tuesdays COST: \$2.00 CONTACT: 4340 4111

Woy Woy Physical Culture Club

Fun for babies, children and mums. A jazz-dance exercise activity which aids in flexibility & co-ordination for children over 3. Highly qualified teachers use team & individual involvement to promote self confidence, balance, rhythm and musical interpretation.

TIMES : Mon 4-4:30pm (5yrs) & Wed 3:30-4pm (3&4yrs), 4-4.30pm (5yrs)
COST FROM: Preschoolers \$4.50. Children \$5.00. Ladies \$6.00
Small surcharge for casual payments. CONTACT : Tracey 0417 694 514