

Contact Numbers

Alcoholics Anonymous	4323 3890	Multicultural Social Group - Northern Settlement Services	4334 3877
AimBig Employment	1300 034 997	Occasional Care	4343 1001
ARAFMI Mental Health	0413 468 981	Overeaters Anon.	0412 756 446
At Work Australia	1300 080 856	ParentsNext (Wesley Family)	1300 911 486
Awesome Driving School	4369 2230	Physical Culture Club	0417 694 514
Before/After School Care	4344 3018	Playgroup	4341 9333
Bridge Club	4346 1305/4342 3849	Post Natal Fitness	0432 505 539
Centre Stage School of Dance	0425 382 383	School for Seniors	4341 9333
Coast Care Counselling	4341 9333	Sch of Practical Philosophy	9489 4333
Coastal Boot Scooters	0409 150 518	Scrabble Club	4341 9929
Dementia Carers	4344 8587	Seniors Internet Kiosk	4341 9333
Evolution Youth Service	4342 3684	Social Shindigs	0424 176 411
Events & Courses	4341 9333	Sydney Distance Education HS	9383 0235
Family Referral Service	1300 006 480	Tai Chi Beginners	0423 310 752
Financial Counselling	4344 7992	Tax Help	4341 9333
Francis Health & Fitness	4341 0550	The Gals Tap Dance	4382 1297
Gambling Solutions	4344 7992	Top Blokes Program	0451 102 257
Gentle Fitness	4341 9333	Tuggerah Lakes /Kincumber Community College	4388 4574
Hope UC	4393 3764	U3A	0408 704 701
Interrelate Family Counselling	4363 8050	Vacation Care	4344 3018
Insight Exercise Physiology	0404269018	Volunteering Central Coast	4329 7122
Kempo Karate	0407 752 411	Weight Watchers	13 19 97
Kindy Gym	4341 9333	WWCP Housie/Bingo	0427 990 818
Little Kickers	0422 424 766	Yoga	4341 8663
Look Good, Feel Better	0459 060 571 1800 650 960	Youth Dev Academy (Soccer)	0450 731 980
		Zumba Gold and Zumba Fitness	0419 958 379

Rooms for Hire

Did you know that you can hire rooms here at the centre? Our hall is available for all family or community celebrations: Weddings, Birthdays, Christenings, Sports Presentations & Community Events. We also have meeting rooms available. Ask at the office or email the Centre: communitycentre@coastcommunityconnections.com.au

AUGUST 2018



Peninsula Community Centre Activities & Services Timetable



Peninsula Community Centre | 93 McMasters Road Woy Woy NSW 2256
p 02 4341 9333 | e communitycentre@cccl.com.au
coastcommunityconnections.com.au

Peninsula Community Centre Program of Activities

MON
TUE
WED
THU
FRI
SAT
SUN

UNDER 5'S	KIDS / TEENS	ADULTS	OVER 55'S
Occasional Childcare 8:30am – 4:30pm Physical Culture (5yrs) 4:00 - 4:30pm Centre Stage Dance: 2- 5years Preschool Tap, Ballet and Jazz 10:00 - 11:00am	Distance Education 9:00 -3:30pm Soccer Skills (Youth Dev) 3.45-5pm Centre Stage Dance 3:30 -8:00pm Physical Culture 4:00 – 9:00pm Top Blokes Mentoring 12pm-2pm *Before & After School Care 6:30- 9:00am/2:30-6:30pm & *Vacation Care 7:00am - 6:30pm *Evolution Youth Services. Assistance 9:00am - 5:00pm	Gentle Exercise 9:00 -10:00am Yoga 9:30 -11:00am Zumba Gold 11:00am -12:00 noon Bridge 12:30 – 4:00pm Top Blokes Mentoring 12pm - 2:00pm Francis Health & Fitness 7 – 8:00pm Centre Stage Dance Adult Tap 7.15- 8pm *Gambling Solutions Counselling	Gentle Fitness Class 9:00 -10:00 am Yoga 9:30 -11:00am Dementia Carers Support 9:30- 12:00pm monthly. Zumba Gold 11:00am -12:00 Bridge Club 12:30 - 4:00pm U3A Courses weekdays check for each term courses
Occasional Care 8:30am – 4:30pm Playgroup 9:00 - 11:00am	Centre Stage Dance 3.45-8:45pm C.C. Meditation Circle 4.30-6.30pm Kempo Karate 5:30pm -7:00pm *Before & After School Care 6:30- 9:00am/2:30-6:30pm & *Vacation Care 7:00am - 6:30pm *Evolution Youth Services. Assistance 9:00am - 5:00pm	ParentsNext 900am-4.30pm Ladies Physical Culture 9:30-11am Interrelate Family Services Monthly Look Good Feel Better 10:00am 4/9, 4/12 2018 Bridge 12:30- 4:00pm Kempo Karate 5:30pm -7:00pm School of Philosophy 7:00-9:30pm Physical Culture 6:30 - 9:00pm Francis Health Fitness 7:00pm	School for Seniors 9:30 am U3A Courses weekdays Bridge Club 12:30 - 4:00 pm Internet Kiosk 10:00am-4:00 pm *Gambling Solutions, Financial Counselling by appointment
Occasional Care 8:30am - 4:30pm Physical Culture 3:30 - 4:00pm (3 & 4yrs) 4:00 - 4:30 pm (5yrs)	ARAFMI Mental Health Carers 9.30-11.30am last Weds monthly Centre Stage Dance 3:15pm - 7:45pm Physical Culture 3:30pm - 9:00pm * Before & After School Care 6:30- 9:00am/2:30-6:30pm & Vacation Care 7:00am - 6:30pm *Evolution Youth Services. Assistance 9:00am - 5:00pm	Volunteering Interviews from 1:00 pm ParentsNext 9.00am-4.30pm ARAFMI Mental Health Carers 9.30- 11.30am last Weds monthly Coast Bootscooters 9:30-11:30am Bridge Club 9:30am & 1:00pm Tai Chi Beginners 10:00 -11:30am Post Natal Fitness 12pm-12.45pm Coast Care Counselling from 4pm Weight Watchers 6:00 pm Scrabble Club 6:30-9:30pm School of Philosophy 7.00-9.30pm	School for Seniors: Oil Painting - 9:00 am Multicraft/ Needlework 10:00am Bridge Club 9:30am & 1:00pm Tai Chi Beginners 10:00 – 11.30am Internet Kiosk 10am - 4:00 pm Including iPad Class 12:30 pm Supervised Bridge 1:00pm Scrabble Club 6:30 - 9:30pm
Occasional Care 8:30am – 4:30pm Little Kickers 9.30- 11.15am	Centre Stage Dance 3.30pm - 9:15pm * Before & After School Care 6:30- 9:00am/2:30-6:30pm & Vacation Care 7:00am - 6:30pm *Evolution Youth Services Assistance 9:00am - 5:00pm	ParentsNext 9.00am-4.30pm At Work Australia 9am 5pm Fortnghtly. AimBig Disability Employment SVC 9.00am-5.00pm Francis Health & Fitness 6:00 – 7:00am Yoga 9:30 am - 11:00am Bridge Club 12:30 pm Social Shindigs 6:15– 9:15pm Ladies Physical Culture 6.30- 9pm Zumba with Vicki 6.30pm – 7.30pm *Gambling Solutions Counselling	Yoga 9:30am -11:00 am Multicultural Group 10:00am Internet Kiosk 10:00am- 4:00pm School for Seniors Australia 10:00 am Bridge Club 12:30 pm U3A Courses weekdays
Occasional Care 8:30am – 4:30pm Kindy Gym 0 - 3's 9:15 am-10:15am 3 - 5's 10:20am-11:20am Centre Stage Dance : 2-5 years Preschool Tap, Ballet & Jazz 1:45-2:45pm	Centre Stage Dance 1:45 -7:15pm Kempo Karate 5:30pm-7:00pm * Before & After School Care 6:30- 9:00am/2:30-6:30pm & Vacation Care 7:00am - 6:30pm *Evolution Youth Services. Assistance 9:00am - 5:00pm	Insight Exercise Physiology Gentle Exercise 9:30am -10:30am The Gals Tap Training 9.30am-12pm AimBig Disability Employment 9.00am-5.00pm Weight Watchers 9:30 am Zumba Gold- 11:00 am -12:00pm Bridge Club 12:30 pm – 4:00pm Kempo Karate 5:30pm-7:00pm Alcoholics Anon. 6:00pm Overeaters Anon. 8:00 - 9:00pm	Seniors Outing/walk 4 th Friday Insight Exercise Physiology Gentle Exercise 9:30 -10:30am The Gals Tap 9.30am-12:00pm Internet Kiosk 10:00am - 4:00 pm Zumba Gold 11:00 - 12:00pm Bridge Club 12:30 – 4:00pm Alcoholics Anon. 6:00 pm Overeaters Anon. 8:00pm U3A Courses weekdays check for each term courses
Centre Stage Dance : 2-5 years 9:30 -10:00am	Centre Stage Dance 9:00am - 1:00pm *Evolution Youth Service and Before and After School Care CLOSED	Social Shindigs 9:00am -2:30 pm Bridge Club 12:30 - 4:00pm Housie/ Bingo 6:30 - 10:30pm	Bridge Club 12:30 - 4:00pm Housie/ Bingo 6:30-10:30pm School for Seniors: Social Outings arranged throughout the year
Hope UC Church 9:30am	Hope UC Church 9:30am	Hope UC Church 9:30am	Hope UC Church 9:30am

*Asterisk denotes Coast Community Connections programs located in or near the Community Centre

Seniors Internet Kiosk, TAX Help, Coast Care Counselling, Gambling Counselling by appointment only.
Phone 4341 9333. Community College & U3A New Courses available each term call 4341 9333 for details.