



## Peninsula Community Centre

### Kindy Gym Midterm Newsletter - Term 2, 2017

**Hello to all our families and welcome to those who are new!**

We're off to a fantastic start this term! We have been having a great time exploring one on one games in the first session and winding down with some mediation and breathing exercises with our older children in the second. I would also like to take this opportunity to thank parents and carers for your continued support; the updated program is most successful when everyone is active and involved. It's been so wonderful to watch the interaction take place and the kids are having a ball!

#### **Session Times**

It has come to my attention that our insurance only covers families during the times of each session, so 9:20 to 10:20 and 10:20 to 11:20. With this in mind the doors to the hall will be opened at 9:15 and we ask that at the conclusion of the session, children are off the equipment and moving to the rear of the hall as quickly as possible to allow the next group to begin. Additionally children in the second group are asked to wait until 10:20 before entering the equipment areas.

#### **Food and Drinks**

A quick reminder about food and drink in the hall; water and healthy snacks are encouraged however, should be kept with your belongings and not on the equipment. Similarly, coffee and other hot

drinks require a lid and are to be kept in the seating areas and away from children and equipment. As always, safety is our greatest concern and your assistance is appreciated.

#### **Fruit Basket**

In keeping with our holistic approach to early childhood health and wellbeing, we will be trialling a fruit basket over the coming weeks. Fruit is an excellent tool for growing healthy little bodies and I look forward to hearing your feedback. The basket and money jar will be at the main doors and fruit will be 50c a piece.

#### **Term Dates**

Term 2 concludes - 30<sup>th</sup> June, 2017  
Term 3 resumes - 21<sup>st</sup> July, 2017

Thanks again to all our families, I have thoroughly enjoyed working with you to create a Kindy Gym program that I'm incredibly proud of and we look forward supporting your child's development in the weeks and years to come.

**Happy tumbling!**  
**Kath, Lana & Denyelle**