

## Centre Stage School of Dance

**Dance Classes for Kids.** All new students welcome. Centre Stage offers quality tuition for students in RAD classical ballet, LGTDA tap, Jazz, Contemporary, Cheer and Hip Hop. We cater for serious students wishing to complete exams and dance competitively or those wanting to explore their passion for Dance. Please call Lacey to discuss suitability of classes considering the age and experience of your child. Our enrolment pack contains class times and all costs:

[www.centrestageschoolofdance.com.au](http://www.centrestageschoolofdance.com.au).

We are now an approved Creative Kids and Active Kids provider, so all school aged students are eligible for up to \$200 to use towards dance classes and tuition. Visit Service NSW for more information.

**TIMES:** Preschool Classes for 2- 5 year olds: Monday 1:30 – 2:30 pm, Saturday 8:45 – 9:45 am. **CONTACT:** Lacey 0425 382 383

## Other Services at the Centre

**Free JP Service** - available at the each Centre Monday, Thursday and Friday, no appointment necessary.

**Free Help with understanding forms and letters** -assistance with completing forms or writing and understanding your My Gov or your Centrelink requirements. Each Tuesday 9am -12.30pm. Call for an appointment on 4341 9333.

**Photocopying & Internet** - Both available at a low cost. We can also scan & email documents free.

**Community Information and Referral**- please ask for our help. We are happy to assist with any information about our local area and the services, help and programs that are available.

**Room Hire** Our air conditioned rooms are available for hire for meetings, training, birthday parties, community functions or presentations at reasonable rates and are suitable for 2 – 500 people. PA systems, whiteboards, DVDs and TVs with HDMI capabilities are also available.



FEB 2019



## Activities & Services for Children Under 5



## COAST COMMUNITY CONNECTIONS PROGRAMS & ACTIVITIES AT THE CENTRE

### Playgroup

A social morning for parents and children with craft, stories, games and music. Childcare qualified coordinator & staff in attendance to assist with all activities.

TIMES: Tuesday 9:00 - 11:00 am

COST: \$8.00 per Child or \$12 per Family CONTACT: 4341 9333

### Kindy Gym on Fridays

A fun environment with parental participation that promotes self discovery and individuality while developing balance and motor co-ordination skills. A visual, tactile and oral experience. The sessions cover a different theme each week.

TIMES: 9:15 - 10:15 am [0-3 yrs] COST: \$8.00 per child

And 10:20 - 11:20 am [3-5 yrs] COST: \$70 per term this session only.

CONTACT: 4341 9333

### Occasional Care

Professional and quality licensed child care for children from 6 weeks up to 6 years of age. Each child is cared for as an individual. Programs include indoor & outdoor play, arts & crafts, language and stories.

Cost is available on application. *BOOKINGS ARE ESSENTIAL.*

You can book from as little as 1 hour up to 8 hours per day

TIMES: 8:30 am - 4:30 pm Monday to Friday

COST: reasonable per hour or day cost. CONTACT: 4343 1001 or 43419333

**Vacation Care** Operates during school holidays from 2 locations. 7:00am - 6:30pm. Call WOY WOY 4344 3018 GOSFORD 4349 3610. Child Care Subsidy is available through Centrelink for our programs.

**Before & After School Care** A program providing quality care for primary school children on school days. Bookings essential at all of our four Centres: **WOY WOY.** Call 4344 3018 or 0414 911 830 **GOSFORD.** Call 0451 371 713 or 4349 3610. **POINT CLARE.** Call 0401 976 537. **UMINA.** Call 0413 849 927. Child Care Subsidy is available through Centrelink for our programs

## OTHER ACTIVITIES & PROGRAMS

### NEW Energy Bill Support

This new support service is provided by the Energy & Water Ombudsman and Coast Community Connections. Get information on rebates, resolve complaints, set up payment plans and more.

TIME: Starts on 26<sup>th</sup> February, then the last Tuesday of each month.

COST: Free Service. BOOKINGS REQUIRED.

CONTACT: Call the Community Centre 4341 9333 to book.

### ARAFMI Carers Group

Support Group for Carers of People living with Mental Illness.

TIME: 9.30am–11.30am last Wednesday of month.

CONTACT 0413 468 981 COST: Free

### Youth Development Academy

Age appropriate drills for all soccer players aged 5 -11 years with the aim to develop their skills and their confidence in a fun and challenging way.

TIMES: 4:00 pm – 4.45pm every Monday. Please call to register your interest and confirm class start dates for 2019.

COST: \$15.00, sibling discounts available. CONTACT: Simon 0450 731 980

### Woy Woy Physical Culture Club

Fun for babies, children and mums. A jazz-dance exercise activity which aids in flexibility & co-ordination for children over 3. Highly qualified teachers.

TIMES: Mon 4-4:30pm (5yrs) & Wed 3:30-4pm (3&4yrs), 4-4.30pm (5yrs)

COSTS: Preschoolers \$5.00. Juniors \$6.00. Seniors \$7.00 Ladies \$8.00

Small surcharge for casual payments.

CONTACT: Tracey 0417 694 514

### Little Kickers

Children are introduced to the basics of football in a play-oriented yet structured format. (Parent participation not required but parents/carers are required to stay with their children).

TIMES: Thursday **Junior Kickers** 9.30–10.15am (2yrs to 3½yrs).

**Mighty Kickers.** 10.30–11.15am (3½yrs to 5th birthday).

CONTACT: Michael Westbrook 0422 424 766