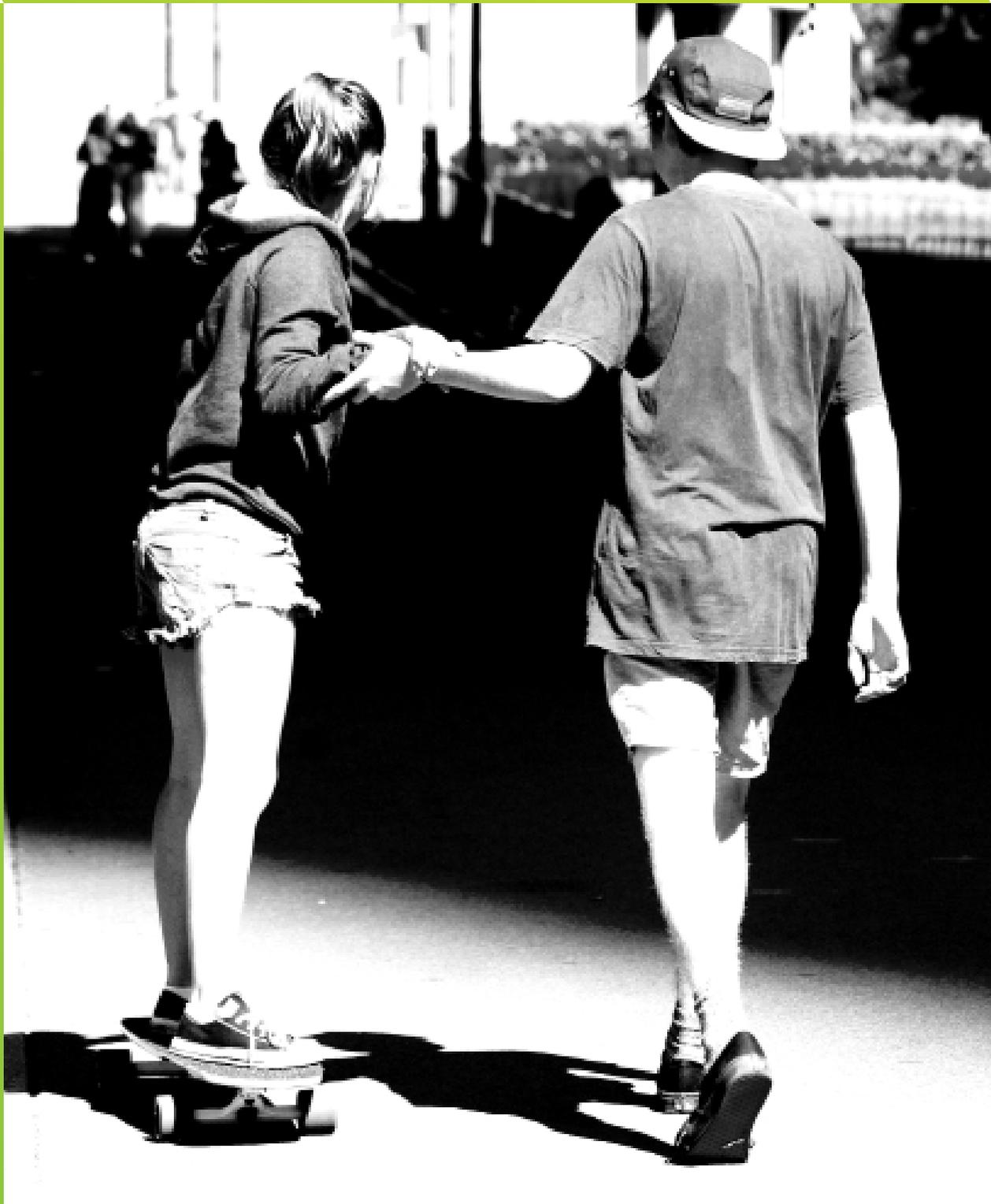


SUPPORTING YOUNG PEOPLE WITH ALCOHOL AND OTHER DRUG ISSUES

A PROFILE OF NON GOVERNMENT ALCOHOL
AND OTHER DRUG SERVICES
FOR YOUNG PEOPLE IN NSW



SUPPORTING YOUNG PEOPLE WITH ALCOHOL AND OTHER DRUG ISSUES

INTRODUCTION

ABOUT THE RESOURCE

This resource provides an overview of the specialist non government youth services providing alcohol and other drug (AOD) services in NSW who are members of the Youth AOD Services Network.

One strategy of the Network is better promote the work of youth AOD services to young people and their families, service providers and the broader community. For a detailed referral directory of youth services visit the NADA website www.nada.org.au/nada-focus-areas/youth.

Please note: The information in this resource is up to date as of February 2015. For more detailed information about the organisations profiled in this resource contact service providers directly.

YOUNG PEOPLE AND ALCOHOL AND OTHER DRUG USE

Young people who access alcohol and other drug treatment are a diverse, vulnerable and complex population. The *Health of Children and Young People in NSW Report*¹ indicates that for those young people experiencing problems with alcohol use rates of emergency department visits have remained high for 15-24 year olds. More specifically alcohol-attributable hospitalisations are highest among young males, young aboriginal people and young people living in more remote and lower socioeconomic status areas.

*The NSW Health Report*² also identifies that rates of emergency department visits for drug overdose were highest among young people aged 15-24 years and have risen among females aged 15-19 years (from 384 per 100,000 in 2011 to 558 per 100,000 females in 2013).

The need for specialist AOD services for young people experiencing alcohol and other drug use issues is supported by these reports and recent statistics that indicate that approximately 41% of AOD treatment episodes in Australia are for young people aged between 10-29 years. In NSW, over a third of all AOD treatment episodes provided by the NGO sector were for young people aged between 10-29 years.³

1. Health of Children and Young People in NSW Report of the Chief Health Officer 2014, NSW Health

2. Ibid

3. AIHW 2014. Alcohol and other drug treatment services in Australia 2012-13. Drug treatment series no. 24. Cat. no. HSE 150. Canberra: AIHW. Viewed 29 September 2014 <http://www.aihw.gov.au/publication-detail/?id=60129548206>

THE NETWORK



A number of specialist AOD services and programs have been established to provide appropriate youth focused responses and treatment options for those young people experiencing issues with alcohol and other drug use. These services are diverse in their nature and embrace different views and approaches to target health and social factors that contribute to young people's alcohol and drug use.

The primary reason for almost half of the young people aged between 10-19 years seeking AOD treatment and/or services was alcohol (44.5%), followed by cannabis (33.2%) and meth/amphetamine (11.6%). In comparison, cannabis (28%) is the most frequently reported reason for seeking treatment for 20-29 year olds followed by meth/amphetamine (26.1%) and alcohol (25.3%).

The majority of current services and treatments provided for 10-19 year olds include support, case management, counselling, information and education sessions. In comparison the main treatment for 20-29 year olds included residential rehabilitation, inpatient withdrawal as well as support and case management .

ABOUT THE NETWORK

The Youth AOD Services Network comprises 15 specialist youth services providing AOD services to young people across regional and metropolitan NSW. They work together to improve outcomes for young people seeking and accessing drug and alcohol services, support and treatment in NSW.

The Network work together to enhance service provision, develop partnerships and improve referrals by increasing awareness of treatment options, sharing knowledge and resources. They also provide comment on policy and resources related to AOD treatment of young people and participating in capacity building activities together.

The Network was established in 2013 with the support of the NADA Sector Capacity Building Program funded through the Department of Health Substance Misuse Services Delivery Grant Fund in 2012 which aims to improve the capacity of non government drug and alcohol services to identify and respond to clients with drug and alcohol, mental health and other complex health and social issues. The Network compliments NADA's broader aims to reduce alcohol and drug related harm to individuals, families and the community.

THE NETWORK MEMBERSHIP

This resource provides a brief profile of each of the 15 network members, a list of the members and a map of where each organisation is located across NSW.

The network membership illustrates the diversity of service types and approaches that exist, specifically for young people. They include:

- » Youth focused prevention, harm reduction and health promotion initiatives
- » General counselling services and case management
- » Structured day programs and rehabilitation services
- » Residential programs providing more intensive support
- » Continuing / after-care programs which support young people to integrate back into the community after residential programs or following other intensive interventions.

The membership of the network is not indicative of the complete range of services provided to young people in NSW to address substance use issues, but is representative of those specialist services for young people that are members of NADA.

FURTHER INFORMATION

For further information about the Youth AOD Services Network contact:

E: info@nada.org.au

W: www.nada.org.au

NETWORK ACHIEVEMENTS

Since 2013, the Youth AOD Services Network have successfully:

- » Developed a Youth AOD Service Directory that contains useful information such as target group, service type, referral and assessment processes, hours of operation and other practical service details
- » Provided AOD staff with capacity building training, information, education and advice sessions on:
 - social media and services
 - legal issues affecting young people
 - engaging with headspace
 - youth mental health and substance use
 - suicide prevention and intervention skills
 - resilience building for young people
 - psychopharmacology
- » Coordinated site visits to network members sites thereby improving understanding of different service models as well as building relationships with individual staff members
- » Contributed to statewide policy such as the NSW Substance Use and Young People Framework
- » Coordinated and disseminated information on training opportunities and resources of interest to network members
- » Contributed to the NADA Forum on Emerging Psychoactive Substances.

SERVICE LOCATIONS



SYDNEY METROPOLITAN AND CENTRAL COAST



- A Creative Youth Initiatives**
Mission Australia, Surry Hills
- B Evolution Youth Service**
Coast Community Connections, Woy Woy
- C Dunlea Alcohol and Other Drug Youth Service, Youth off the Streets**
Merrylands
- D Follow-On Youth Recovery Support Team (FYRST), The Salvation Army**
Liverpool, Parramatta
- E Junaa Buwa, Centre for Youth Well Being, Mission Australia**
Coffs Harbour
- F Mac River, Mission Australia**
Dubbo
- G Manly Drug Education & Counselling Centre (MDECC)**
Manly
- H Oasis Youth Support Network, Salvation Army**
Surry Hills
- I Ready Project, St. George Youth Services**
Brighton-Le-Sands
- J South West Youth Services, Mission Australia**
Campbelltown
- K CALM, PALM, Street University, Noffs Foundation**
Randwick, Mt. Druitt, Liverpool, Watson
- L Triple Care Farm, Mission Australia**
Robertson
- M Youth Solutions, Youth Solutions**
Campbelltown
- N WAYS Youth Service, WAYS Youth Service**
Bondi
- O Weave, Weave**
Waterloo

NETWORK MEMBERS

MAP REF	NAME OF SERVICE	SERVICE LOCATION	GEOGRAPHICAL AREAS COVERED BY THE SERVICE	CONTACT DETAILS	PAGE No
A	Creative Youth Initiatives Mission Australia	Surry Hills, NSW 2010	Surry Hills, Sydney Metropolitan	(02) 9356 8897	6
B	Evolution Youth Service Coast Community Connections	Woy Woy, NSW 2256	Gosford, Central Coast	(02) 4342 7640	7
C	Dunlea Alcohol and other Drug Youth Service Youth off the Streets	Merrylands	Merrylands, Sydney Metropolitan	(02) 9721 5700	8
D	Follow-On Youth Recovery Support Team (FYRST) Salvation Army	Fairfield, NSW 2165 Parramatta, NSW 2150	Parramatta, Holroyd, Blacktown, Auburn Hills district, Fairfield, Liverpool LGA's	Fairfield (02) 9725 7779 Parramatta (02) 9687 3499	9
E	Junaa Buwa, Centre for Youth Well Being Mission Australia	Coffs Harbour, NSW 2450	Coffs Harbour, Australia-wide and international	(02) 6651 3418	10
F	Mac River Mission Australia	Dubbo, NSW 2830	Dubbo, Australia-wide and international	(02) 6887 3143	11
G	Manly Drug Education & Counselling Centre MDECC	Manly, NSW 2095	Manly, Mosman, Warringah and Pittwater	(02) 9977 0711	12
H	Oasis Youth Support Network Salvation Army	Surry Hills, NSW 2010	Surry Hills and State-Wide	(02) 9331 2266	13
I	Ready Project St.George Youth Services	Brighton-le-sands, NSW 2216	St George LGA, Hurstville, Rockdale and Kogarah	(02) 9556 1769	14
J	South West Youth Services Mission Australia	Campbelltown, NSW 2560	Macarthur, Campbelltown, Camden and Wollondilly	(02) 4621 7400	15
K	Program for Adolescent Life Management (PALM) Continuing Adolescent Life Management (CALM) Street University Noffs Foundation	Randwick, NSW 2031 Mt. Druitt, NSW 2770 Liverpool, NSW 2170 Watson, ACT 2602	Randwick, Mt Druitt, Liverpool and Canberra Australia-Wide	PALM 02 9305 6235 CALM 02 9305 6658 Street University Mt. Druitt 02 8886 2800 Liverpool 02 8785 8000 ACT 02 6123 2400	16
L	Triple Care Farm Mission Australia	Robertson, NSW 2577	Robertson Australia-wide + international	(02) 4860 7403	17
M	Youth Solutions Youth Solutions	Campbelltown, NSW 2560	Macarthur and Wingecarribee areas	(02) 4628 2319	18
N	WAYS Youth Service WAYS Youth Service	North Bondi, NSW 2026	Bondi Junction, Eastern and Southern Sydney	(02) 9365 2500	19
O	Weave Weave	Waterloo, NSW 2017	Redfern, Waterloo and State-wide	(02) 9318 0539	20

CREATIVE YOUTH INITIATIVE

MISSION AUSTRALIA



OUR CLIENTS

Young people aged 16-25 years who may be experiencing homelessness, mental health concerns, barriers to education and social isolation.

OUR SERVICES

- We offer two semesters per year with intake occurring in February and July
- Sounds of the Street music program (3 days per week for 20 weeks)
- Artworks! creative arts program (3 days per week for 20 weeks)
- Support from a Student Support Coordinator with housing, educational and personal goals and linkages and referrals to other services.

"The teachers and staff were incredibly patient, supportive and professional"
Client, 2014

SOME SERVICE HIGHLIGHTS

Each year, Artworks! students at CYI have the opportunity to display their art works at the end of year art exhibition.

Sounds of the Street students have the opportunity to perform at the yearly CD launch and perform songs that they have worked on during their time at CYI.

Young people who access CYI are given the opportunity to express themselves creatively as well as gain access to support services.

CONTACT US

Creative Youth Initiative (CYI)

19 Denham Street, Surry Hills, NSW 2010

T 02 9356 8897

E cyi@missionaustralia.com.au

W www.missionaustralia.com.au



EVOLUTION YOUTH SERVICE

COAST COMMUNITY CONNECTIONS



OUR CLIENTS

Evolution Youth Service provides services to 12-17 year olds and families of those young people.

OUR SERVICES

Our Services include:

- Drug and alcohol information
- Counselling
- Group work (Anxiety, Quit Smoking, Drumbeat, RAGE, Drug and Alcohol)
- Brief interventions
- Information/community days
- Payment of state debt fines by having counselling

Our service is committed to assisting young people to:

- Remain engaged with education or employment
- Stay connected with their families
- Gain knowledge and skills to make positive life choices
- Support them to achieve their goals

We are committed to assisting parents and carers to:

- Know about community services and resources available for families
- Have improved relationships with their child or children.

SOME SERVICE HIGHLIGHTS

- Sexual health day a local school
- Flexibility in delivering group work to suit young people/s needs
- Helping community members pay off debt as a Work and Development Order (WDO) provider
- Community Drug Action Team (CDAT) campaign focusing on psychoactive substances (synthetic drugs)
- Drumbeat group work engaging young people

CONTACT US

Evolution Youth Service

2 Ross St, Woy Woy, NSW, 2256

T 02 4342 7640

E leni.conway@coastcommunityconnections.com.au

W www.coastcommunityconnections.com.au



DUNLEA ALCOHOL AND OTHER DRUG YOUTH SERVICE

YOUTH OFF THE STREETS



OUR CLIENTS

The service caters for any young person between the age of 13-19 years who would like to seek help to change their levels and patterns of drug use.

OUR SERVICES

- Casework
- Counselling
- Group work
- Family work
- Family talk program
- Life skills
- Art groups
- Weekly excursions
- After care

SOME SERVICE HIGHLIGHTS

- The Dunlea Alcohol and Other Drug Youth Service is very unique. It's the only non abstinence, non residential, day program available to young people in NSW.
- We provide treatment for problematic alcohol and drug use for young people with different patterns of misuse. As well as supporting families who may be struggling with the issues related to the young person's substance use.
- Dunlea is an accredited service through the Australian Council of Health Care Standards and is funded by the Commonwealth Department of Health.

CONTACT US

Dunlea Alcohol and Other Drug Youth Service

T 02 9721 5750

E Dunlea@youthoffthestreets.com.au

W www.youthoffthestreets.com.au



FOLLOW-ON YOUTH RECOVERY SUPPORT TEAM

SALVATION ARMY



OUR CLIENTS

FYRST is a support service for young people between the ages of 16-25 who would like to address their drug and alcohol issues, in a community setting.

FYRST also offers support to those who are exiting, or have completed detox, rehab or are leaving detention. It provides a mobile support team that can visit at clients at their homes, meet at a cafe or pick up a client from local transport. We are a free service that offers flexible and individual support within a case management model. We have two offices; FYRST Fairfield and FYRST Parramatta.

OUR SERVICES

- Case management
- Drug and alcohol counselling
- Relapse prevention
- Crisis intervention
- Anger management
- Practical assistance
- Brokerage
- Social Activity Program
- Positive Lifestyle Program 4 Youth
- Workshops on alcohol and other drugs, anger management and consequences of crime



SOME SERVICE HIGHLIGHTS

FYRST promotes healthy lifestyles and social inclusion to clients by offering activity days, such as; High Ropes Course, Laser Tag, Girls and Boys Groups, BBQ's.

"Sharon at FYRST Parramatta helped me overcome my pot addiction. I can now get on with my life drug free"

CONTACT US

Follow-On Youth Recovery Support Team (FYRST)

FYRST Fairfield
Level 1, Headspace Liverpool
50 Macquarie St Liverpool NSW 2070

T 02 8785 3200

F 02 8568 7932

FYRST Parramatta

T 02 9687 3499

Postal Address

PO Box 324
Doonside NSW 2767

W www.salvos.org.au/youthlink/fyrst



JUNAA BUWA

CENTRE FOR YOUTH WELL-BEING



OUR CLIENTS

Mission Australia's Centre for Youth Well-Being accepts referrals for young people who:

- are aged between 13-18 years
- are previous, current or potential clients of the Department of Juvenile Justice
- have a history of alcohol or other drug use
- are willing to participate in the program.

OUR SERVICES

Junaa Buwa provides holistic residential rehabilitation for up to 3 months for 8 young people. Services include:

- Residential living skills
- Counselling and case management
- Vocational education and training
- Sport and recreation activities

Please note that Junaa Buwa is a smoke free environment.

SOME SERVICE HIGHLIGHTS

Junaa Buwa works with young people to reduce illicit drug use, criminal behaviour and risk of infectious diseases. We do this by supporting young people to improve physical and physiological health, social functioning, access to education, training and stable accommodation.

"Junaa Buwa! is a safe place where you can be with yourself sober"

Client Ashleigh 2012

"Those that challenge you the most, do you the most good"

Staff Tonny 2014

CONTACT US

Junaa Buwa! Center for Youth Well-Being

T 02 6651 3418

E coffsyouthrehab@missionaustralia.com.au

W www.missionaustralia.com.au



MAC RIVER REHABILITATION CENTRE

MISSION AUSTRALIA



OUR CLIENTS

Mac River provides services for young people, aged 13-18 years whose use of alcohol or other drugs places them at risk of significant harm and offending behaviour.

OUR SERVICES

Mac River is a 3 month residential drug and alcohol treatment program that includes:

- Residential living skills programs - encouraging the improvement
- Counselling and individual case management
- Access to education or vocational activities through NSW Distance Education and TAFE NSW.
- Sport and recreation programs. This includes personal training, boxing program, and cultural programs including art and painting.
- 12 week aftercare support - including weekly phone calls and visits from outreach workers with the objective of ensuring that young people have stable accommodation and are supported in achieving their aftercare goals.

SOME SERVICE HIGHLIGHTS

- Access to 12 weeks of aftercare support to assist young people in re-engaging in the community
- Range of programs including Drum Beat and Managing the Bull
- Opportunities for young people to achieve education and vocational goals with some clients obtaining paid employment while completing the program
- Individual case management with a focus on client goals, working with clients to access both internal programs and programs for self-development in the community eg. residents engaging with local sporting teams
- Rural location with opportunities for residents to participate in land and animal care projects

CONTACT US

Mac River Rehabilitation Centre

Dubbo, NSW, 2830

T 02 6887 3143

E centralandfarwestnsw@missionaustralia.com.au

W www.missionaustralia.com.au

**MISSION
AUSTRALIA** | together
we stand

MANLY DRUG EDUCATION & COUNSELLING CENTRE



OUR CLIENTS

Young people, aged 14-25 with problematic alcohol and/or drug use and their families.

OUR SERVICES

MDECC is an innovative non government drug and alcohol organisation based on the Northern Beaches in Sydney. We have been serving our community for forty years. MDECC provide comorbid mental health services and offers alcohol and other drugs counselling and specialised groups. MDECC is quality accredited by the Australian Council on Health Care Standards. MDECC's philosophy is one of harm minimisation, in line with the National Drug Strategy 2010 - 2015.

SOME SERVICE HIGHLIGHTS

MDECC works with young people, their families and the broader community to minimise the harms associated with alcohol and other drug use.

Young People:

"MDECC has helped me weigh up my options"

"I like the friendly atmosphere it makes a BIG difference"

Parents:

I don't think we would still be a family unit if not for MDECC

CONTACT US

Manly Drug Education & Counselling Centre (MDECC)

T 02 9977 0711

E admin@mdecc.org.au

W www.mdecc.org.au



OASIS YOUTH SUPPORT NETWORK

THE SALVATION ARMY



OUR CLIENTS

Oasis Youth Support Network (Oasis) works with young people aged 16-25, most of whom have experienced complex trauma.

OUR SERVICES

Oasis works under a Trauma Informed Care framework and strives to provide a place of safety and care where young people can find refuge. The Choices Drug and Alcohol services include individual counselling, therapeutic groups and education program, other Oasis Youth Support Network services include:

- Case management
- Drop in centre
- Crisis accommodation
- Outreach housing
- Chaplaincy
- Legal support
- Pathways program
- Driving 4 employment
- Recreational activities
- Streetmedia
- Young parents program
- Outreach fitness centre

SOME SERVICE HIGHLIGHTS

Located in Surry Hills, Oasis provides a wide variety of programs that offer critical points of intervention and support for homeless and disadvantaged young people between 16 and 25 years of age. Oasis works to re-establish choice, self-worth and confidence in a safe environment, empowering young people to move forward in their lives and make positive choices for their futures.

On any given night, Oasis helps to accommodate and feed more than 100 homeless young people in NSW.

CONTACT US

Oasis Youth Support Network

365 Crown St, Surry Hills, NSW 2010

T 02 9331 2266

E oasisysn@ae.salvationarmy.org

W salvos.org.au/oasis



READY PROJECT

ST GEORGE YOUTH SERVICES



OUR CLIENTS

READY clients are young people aged 12-25 who have ties to the St. George area live, work, study and stay) and have issues related to alcohol or drug misuse.

OUR SERVICES

The Ready Project provides:

- Practical and emotional support (case work) for young people who have AOD misuse issues
- Support to families
- Referrals for ongoing support from appropriate services
- Local services and staff with resources and information about AOD misuse and related issues, this extends from one off provision of information to co-case management
- Age appropriate and specifically targeted AOD workshops for young people.

SOME SERVICE HIGHLIGHTS

- St George Youth Services is a non-profit community organisation providing FREE services in St George and Sutherland Shire
- READY can see clients in an outreach setting, such as local health service or school.
- READY has been delivering support to young people in the St George area for over 25 years.

CONTACT US

READY Project **St George Youth Service**

Cnr Moate Avenue and Princess Street
Brighton Le-Sands, NSW, 2216

T 02 9556 1769

E ready@stgeorgeyouth.org

W www.stgeorgeyouth.org



SOUTH WEST YOUTH SERVICES

MISSION AUSTRALIA



OUR CLIENTS

Young people aged 12-24 who live in Sydney's Macarthur Area.

OUR SERVICES

- Daytime drug and alcohol case management and support
- Crime prevention case management.
- Youth counselling (program clients and targeted suburbs)
- Gambling counselling
- Life skills workshops at partner schools

SOME SERVICE HIGHLIGHTS

- Individual case management and group programs at our centre, schools and homes.
- Young people not attending school for months or even years have returned to school or joined the workforce.
- Families accessing SWYS have reported improved communication between family members and other health services.
- Daily cannabis users involved in petty crime have substantially reduced their drug use and found part time employment.

CONTACT US

South West Youth Services

Level, 1/167-169 Queen St, Campbelltown, NSW, 2560

507 Dobell Rd, Claymore, 2559

18 Woodward Cres, Miller, NSW, 2168

T 02 4621 7400

E kellyp@missionaustralia.com.au

W www.missionaustralia.com.au

PROGRAM FOR ADOLESCENT LIFE MANAGEMENT (PALM) CONTINUING ADOLESCENT LIFE MANAGEMENT (CALM) STREET UNIVERSITY THE NOFFS FOUNDATION



OUR CLIENTS

The Noffs Foundation works with vulnerable adolescents who are at risk of significant drug, alcohol, mental health and trauma related harms, aged 12-26 in a variety of treatment environments.

OUR SERVICES

- PALM (Program for Adolescent Life Management): 3 month residential treatment program for young people aged 13-18 years in Sydney and the ACT.
- CALM (Continuing Adolescent Life Management): Community outreach program designed to link young people back with their families and wider communities. Based in Sydney and ACT.
- Street University: Includes a multitude of programs designed by everyday people who are willing to engage with marginalised young people in the areas of Liverpool and Mt. Druitt.
- Out-clients and Schools Program: Providing outreach and school counselling to individuals aged between 12-18 based in Sydney and the Central Coast.
- Getting It Together Scheme (GITS): Aboriginal counsellor offering counselling and brokerage in the Blacktown and Mt Druitt LGA.
- Take Hold: ACT based mentoring program supporting young people who are transitioning into or out of homelessness.

SOME SERVICE HIGHLIGHTS

The Foundation is continuing to work closely with researchers at the University of New South Wales to conduct long term outcome studies to improve service design and delivery as well as providing valuable information to the wider sector.

"Thank you Noffs... For once I feel like I actually belonged somewhere. I'll never forget my time in PALM and the most wonderful people I've ever met. So thanks again to you..... I'm me again"

CONTACT US

The Noffs Foundation

206a Alison Road, Randwick, NSW, 2031*

T 02 9305 6600

E noffs@noffs.org.au

W www.noffs.org.au

*Main office address. For further information regarding the Ted Noffs Foundation locations, refer to pages 4 and 5 of this resource or alternatively contact the services directly.



TRIPLE CARE FARM

MISSION AUSTRALIA



OUR CLIENTS

Young people aged 16-24 years. Referrals are accepted from Australia and international sources.

OUR SERVICES

Triple Care Farm is a residential, dual-diagnosis AOD and mental health service. Clients attend for 3 months and service provision includes:

- Residential living-skills program
- Vocational education and training program (including opportunities for accredited coursework)
- Individualised case management and holistic treatment planning
- Modified Dialectical Behaviour Therapy group program (specifically catering to youth with AOD concerns)
- Individual counselling and psychosocial intervention
- Sport and recreation program
- 6-month post-program support

SOME SERVICE HIGHLIGHTS

Situated in the NSW Southern Highlands Triple Care Farm is an award-winning residential youth AOD service.

"It wasn't easy at times, but with the support of staff and students I stuck with it."

Student, 2013

"I feel a lot stronger, physically and mentally."

Student, 2014

"I've seen a lot of positive change in myself and others."

Student, 2014

CONTACT US

Triple Care Farm

188 Knights Hill Rd, Robertson, NSW, 2577

T 02 4860 7400

E tcf@missionaustralia.com.au

W www.sdmf.org.au/youth-programs/triple-care-farm

W sd.missionaustralia.com.au/281-triple-care-farm

YOUTH SOLUTIONS



OUR CLIENTS

Young people 12-25 years of age and the broader community in the Macarthur and Wingecarribee regions of NSW.

OUR SERVICES

Youth Solutions is a youth drug and alcohol prevention and health promotion charity.

Our services:

- prevention and health promotion
- drug and alcohol education
- community programs
- information and referral

Youth Solutions has a Youth Advisory Group (YAG) consisting of passionate young people 15-25 years of age from Macarthur. YAG members are involved in peer education workshop facilitation and health promotion campaigns.

SOME SERVICE HIGHLIGHTS

- Youth Solutions has been servicing the Macarthur and Wingecarribee regions since 1988
- 'Highly Commended' Youth Service of the Year, Youth Action Youth Work Awards 2014
- The 'Safe Celebrations Project' won the ZEST Award for Exceptional Community Partnership in a Local Government Area in 2014

"We are grateful for the knowledge you shared on such an important topic and were surprised how little we knew ourselves! Thank you for being part of our Camp team!"

Assistant Principal from a local high school

"The YAG has been an amazing and supportive community for me, and for that I am grateful. It has been incredibly enriching and rewarding to attain such a sense of social involvement, activism and self-worth within this secure and comforting environment that really fosters growth and development."

Previous Youth Advisory Group member

CONTACT US

Youth Solutions

Suite 19, Level 4, Macarthur Square Shopping Centre, Gilchrist Drive, Campbelltown, NSW, 2560

T 02 4628 2319

E info@youthsolutions.com.au

W www.youthsolutions.com.au

Social Media

F www.facebook.com/youthsolutionsnsw

T www.twitter.com/youthsolutions

Y www.youtube.com/YouthSolutionsNSW

I www.instagram.com/youth_solutions



WAYS YOUTH SERVICES

WAVERLEY ACTION FOR YOUTH SERVICES



OUR CLIENTS

Young people aged between 9-24 years, and their families from the Eastern Suburbs, South Sydney and City of Sydney.

OUR SERVICES

- Youth Centre - recreation services for young people; Hangout space, Tweenies Program 9-12 years, Holiday Programs, Art, Sport and Music.
- Outreach - Saturday night outreach van, Safe Summer Survival - This is a peer education outreach project addressing risk behaviours in relation to sexual health and alcohol and other drugs use amongst young people. We provide outreach to young people during the summer months at venues such as the beach or music festivals.
- Education and Training:
 - WAYS High School - POEM is accredited for Years 9, 10, 11 and 12.
 - WAYS Youth Training offers Cert I - IV in Retail and Business and 14 other subjects.
- Case management, Counselling and Assessments for young people aged between 12-24 and their parents/caregivers. We assist young people to address issues relating to school, mental health,

alcohol and other drugs, self esteem and relationships.

- Health promotion: AOD, sexual health, healthy relationships are programs that are run throughout schools and other community services
- Free "Effective Parenting" courses/ workshops for parents with adolescent children twice a year
- Clinical services: general practice, optometrist, acupuncture

SOME SERVICE HIGHLIGHTS

- WAYS Counselling services has significantly increased the number of AOD counselling sessions provided between 2010-2013, increasing from 47 to 73, in response to the increasing need in the local area.
- Two full-time Adolescent and Family Counsellors are now part of the WAYS team so we are even better equipped to meet the needs of our clients.

CONTACT US

WAYS Youth Services

63A Wairoa Avenue, North Bondi, NSW, 2026

T 02 9365 2500

E ways@ways.org.au

W www.ways.org.au



SPEAKOUT WEAVE YOUTH AND COMMUNITY SERVICES



OUR CLIENTS

Young people aged 12-28 with coexisting issues of AOD use and mental health.

OUR SERVICES

WEAVE provides a combination of casework, counselling and project work for clients experiencing coexisting issues around their AOD use and mental health. WEAVE is a culturally appropriate service dedicated to providing support for Aboriginal clients and the broader community. Clients referred through to the SPEAKOUT program engaged in either one or a combination of all types of support from the service.

SPEAKOUT programs include:

- Practical casework
- Counselling
- Youth projects including:
 - › Social group
 - › Wilderness therapy
 - › Horticulture therapy
 - › Outreach programs at RPAH and Concord Hospital, Juniperina Juvenile Justice Centre and Green Square School.



SOME SERVICE HIGHLIGHTS

The SpeakOut program provides a combination of both casework/counselling support as well as various projects designed to engage our client group with exciting therapeutic pro social activities.

CONTACT US

WEAVE Youth and Community Services

T 02 9318 0539

E sam@weave.org.au

W www.weave.org.au

ABOUT NADA



ABOUT THE NETWORK OF ALCOHOL AND OTHER DRUGS AGENCIES

The Network of Alcohol and other Drugs Agencies (NADA) is the peak organisation for the non government alcohol and other Drugs sector in NSW.

NADA represents over 100 organisational members that provide a broad range of services including alcohol and other drug health promotion, early intervention, treatment, and after-care programs. These community based organisations operate throughout NSW. They comprise both large and small services that are diverse in their structure, philosophy and approach to alcohol and other drug service delivery.

NADA's goal is to advance and support non government alcohol and other drugs organisations in NSW to reduce alcohol and drug related harm to individuals, families and the community.

NADA provides a range of programs and services that focus on sector representation and advocacy, workforce development, information management and data collection, governance and management support plus a range of capacity development initiatives.

NADA is governed by a Board of Directors primarily elected from the NADA membership, and is primarily funded by the NSW Ministry of Health.

Further information about NADA, its programs and services is available on the NADA website at www.nada.org.au.

Network of Alcohol and other Drugs Agencies

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FURTHER INFORMATION

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